

DIOCESE OF WINONA-ROCHESTER

YOUTH MINISTRY AND FAITH FORMATION
MONTHLY NEWSLETTER

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MARCH 2022



THE PRAYING FAMILY

We are excited to introduce to you **The Praying Family** website [HERE!](#) If your parish families would like to pray with us this Lenten season, check out the welcome video from Bishop Quinn and other resources to help them set up a prayer space in their home. We will also post virtual prayer opportunities throughout the season. If your parish would like to partner with **The Praying Family** to provide more materials for your families to pray together, contact Dana at dpetricka@dowr.org.

EUCCHARISTIC MIRACLES EXHIBIT

This Lenten season, consider taking your parish on a pilgrimage to view the Eucharistic miracles traveling display at St. Ann Catholic Church in Janesville, MN (313 W. 2nd St.) from March 4-13 in the parish center (building directly across from the church). This exhibit includes 126 historically documented Eucharistic miracles that have occurred in various countries since the Last Supper. For more information, click [HERE](#).

MINISTRY DAYS

Please mark your calendar with our new Ministry Day's schedule. Our diocesan Ministry Days 2022, "My Flesh for the Life of the World": Encountering Jesus Anew," will be held on Tuesday-Wednesday, June 14-15, at St. Mary's University in Winona focusing on the National Eucharistic Revival Diocesan Year initiated by the U.S. Catholic Bishops. More information will be coming soon!

BE RESTORED



How do we approach Lent? Is it with vigor and zeal, adopting the most difficult penances possible? Is it with trepidation, white knuckling through the season waiting for it to be over? God takes us where we are at, but perhaps we are missing the mark by focusing too much on what we are doing or not doing and not focusing enough on what Jesus wants to restore within us.

The word "lent" means "spring" (translated from Old English). The Lord wants to restore you through increasing His unity with you. He wants to birth something new this Lent in your heart and in your life. If you haven't asked what the Lord wants of you this Lent yet, it's not too late. Ask Him in prayer what He wants to restore within you.

Sr. Miriam James Heidland, SOLT (Society of Our Lady of the Most Holy Trinity), said in her Lenten Series Podcast called *Abiding Together*, "Humans are the only beings who compound their suffering by looking back into their past and projecting it into the future." How can we look ahead without projecting our past into it? What is Jesus calling you to prune in your life this Lent? New life and growth comes from pruning away the dead giving way to the new. As we get closer to Spring, this reality becomes manifest around us. If this article sparked something in your heart, I invite you to consider listening to the *Abiding Together* Podcast Lenten Series at abidingtogetherpodcast.com and/or purchase the companion book "Restored" at avemariapress.com/products/restore. I am praying for you this Lenten season!

MCGRATH INSTITUTE

The McGrath Institute for Church Life "bridges the Catholic intellectual life and the life of the Church, in order to form and empower faithful Catholic leaders for service to the Church and thereby the world." They have many [resources](#) available (some free and some not), such as "Integrating Science and Faith" (free), "Prayer Enrichment Guidebook for Lent" (free), "Liturgy of the Hours: Guide to Night Prayer for Lent" (free), and more. They offer [online courses](#) in English and Spanish in multiple areas in ministry, such as "The Art of Catechesis," "The Christian Conscience and Ethical Dilemmas: Guidance from the Catholic Tradition," "The Theology of the Body," "The Synoptic Gospels," and more. There are also free webinars called "[Conversations that Matter](#)" available. In addition to offering many ongoing education opportunities, they host a youth leadership conference called "[Vision](#)" at the University of Notre Dame every year. For more information, see mcgrath.nd.edu.



FIRE MEETING MAR. 22, RETREAT APR. 28

Our next FIRE Meeting will be held on Tuesday, Mar. 22 from 10am to 2:15pm at Church of the Resurrection in Rochester (1600 11th Ave SE, Rochester, MN 55904). This workshop will focus on the importance of small group discipleship for all ages, structuring programs and leadership to foster discipleship, and empowering you to build small groups in your parish. To register, click [HERE](#). For information on previous FIRE Meetings, click [HERE](#). The FIRE Retreat has been moved to Thursday, Apr. 28 at St. Charles Borromeo in St. Charles to accommodate our priest's schedules. For the complete FIRE Meeting schedule, click [HERE](#).

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